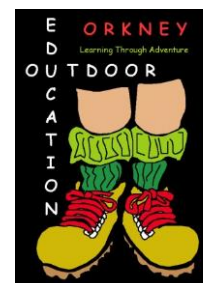


OUTDOOR EDUCATION PROGRAMME

PUPIL KIT LIST / EQUIPMENT



The suggested list of items below, are a checklist & guide to what each pupil WILL NEED TO BRING EACH DAY for a typical Outdoor Programme based in & around the school and nearby outdoor Locations.

Please note that there will be both LAND & WATER based activities each day.

PERSONAL CLOTHING (For Land Based Activity):

Outdoor Trainers / Walking Boots	Thick, Long Warm Socks
2 T Shirts / Warm Thin Tops	Fleece Jacket / Warm Jumper
Outdoor Warm / Windproof Jacket	Trousers, (<u>NO Denim or Jeans</u>)
Waterproof Jacket & Trousers	Rucksack or Handled Bag
Hat & Gloves	

PERSONAL CLOTHING (For Water Based Activity):

Old <u>Lace-Up</u> Trainers (Water Use)	Swimsuit / Spare Underwear
Warm Fleece Top / Sweatshirt	Large Towel
Black Bin Bag	

OTHER PERSONAL ITEMS:

Outdoor Packed Lunch & Snack	Water Bottle (filled)
Sun Cream / Midge/Insect Repellent	Personal Medication / Inhaler / Glasses

All specialist Land & water-based activity equipment will be provided and issued when appropriate.

Please do not wear or bring any expensive, breakable, or unnecessary items.

No liability will be taken by the school or Orkney Islands Council for damage or loss to personal possessions whilst taking part in outdoor activities.